

FIG. 1
PRIOR ART

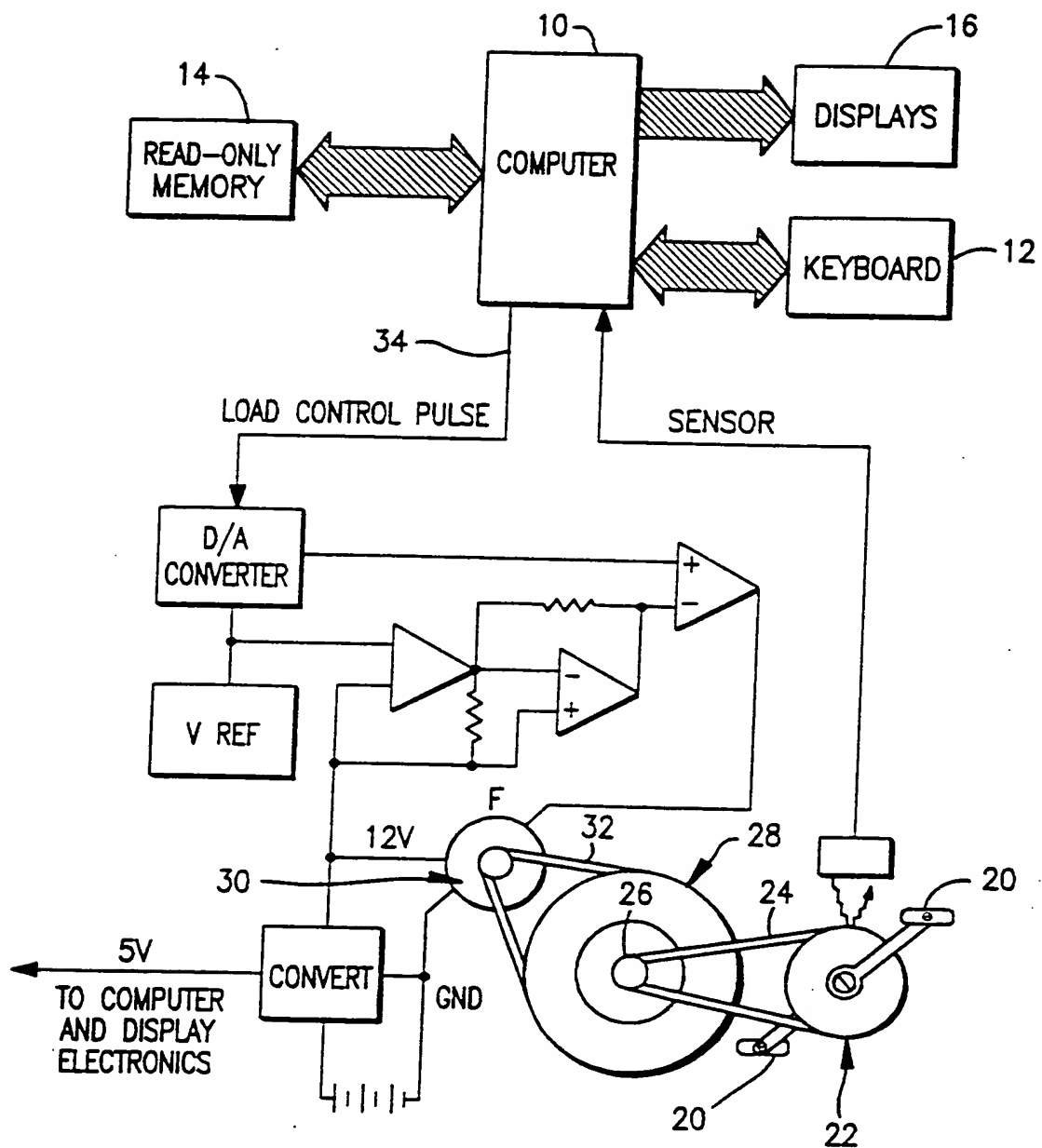


FIG. 2
PRIOR ART

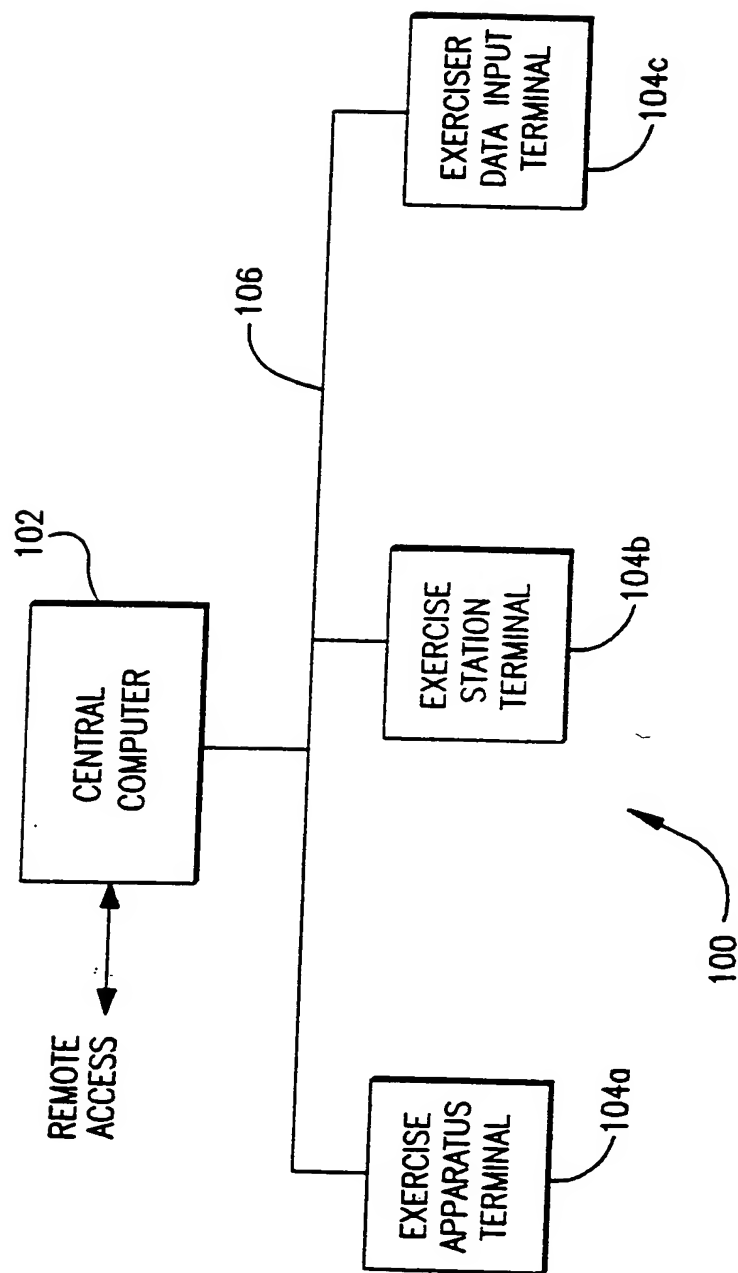


FIG. 3

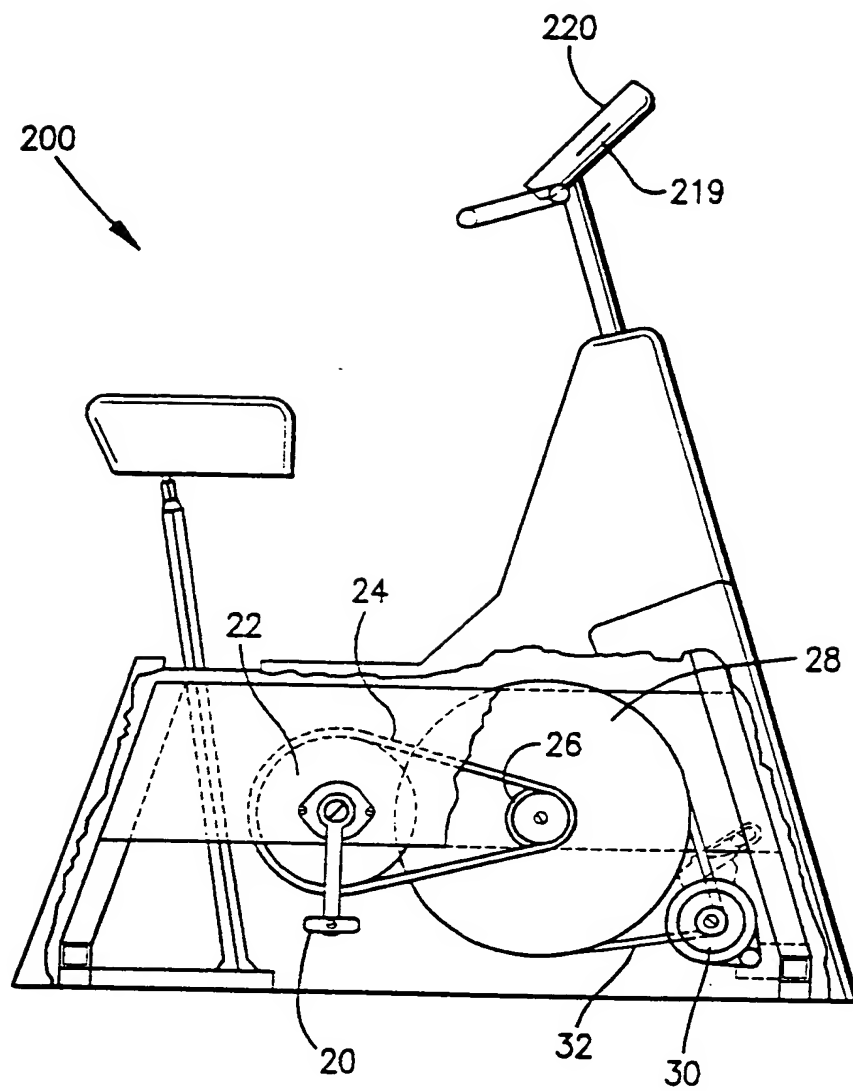


FIG. 4

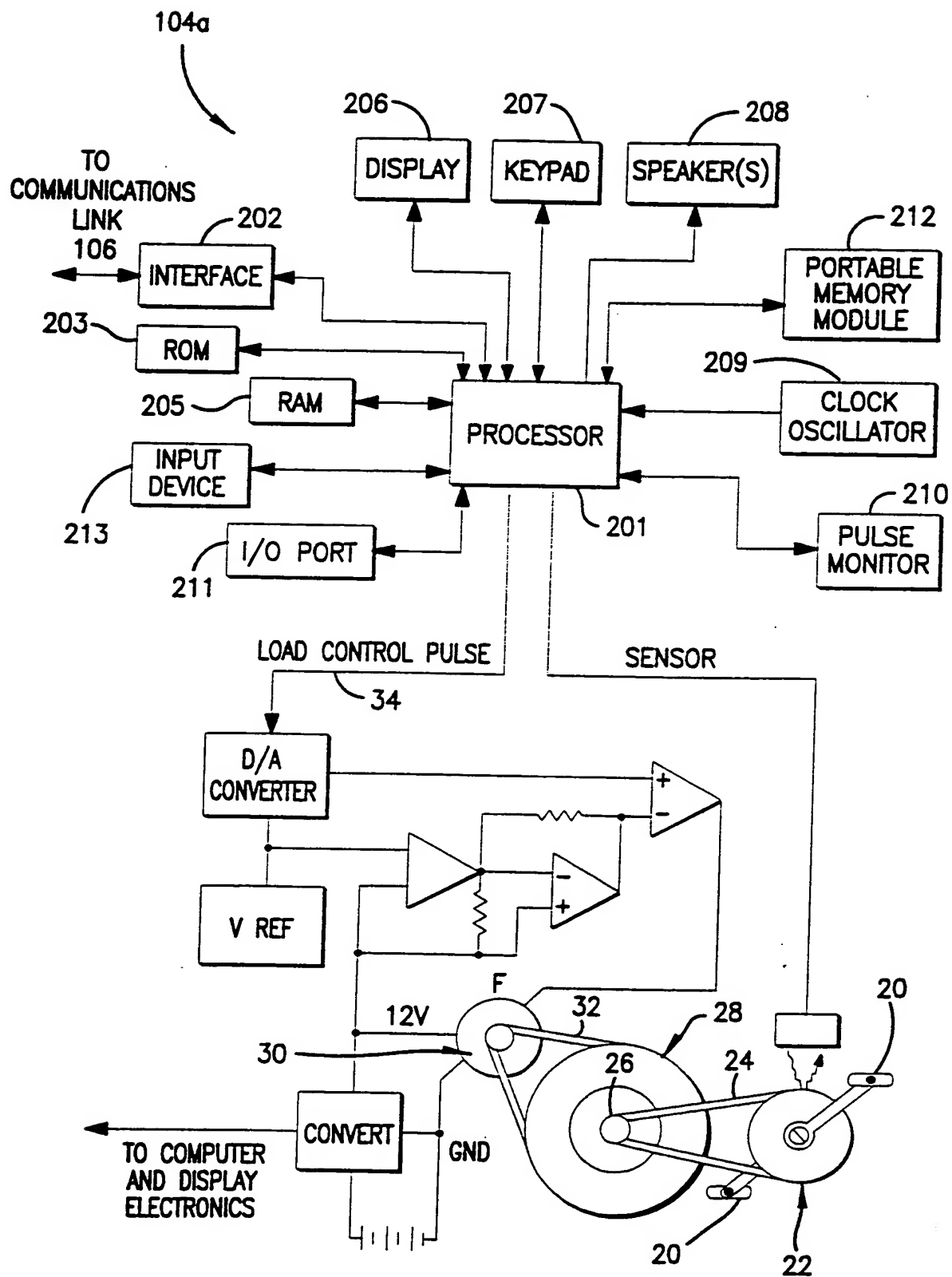


FIG. 5

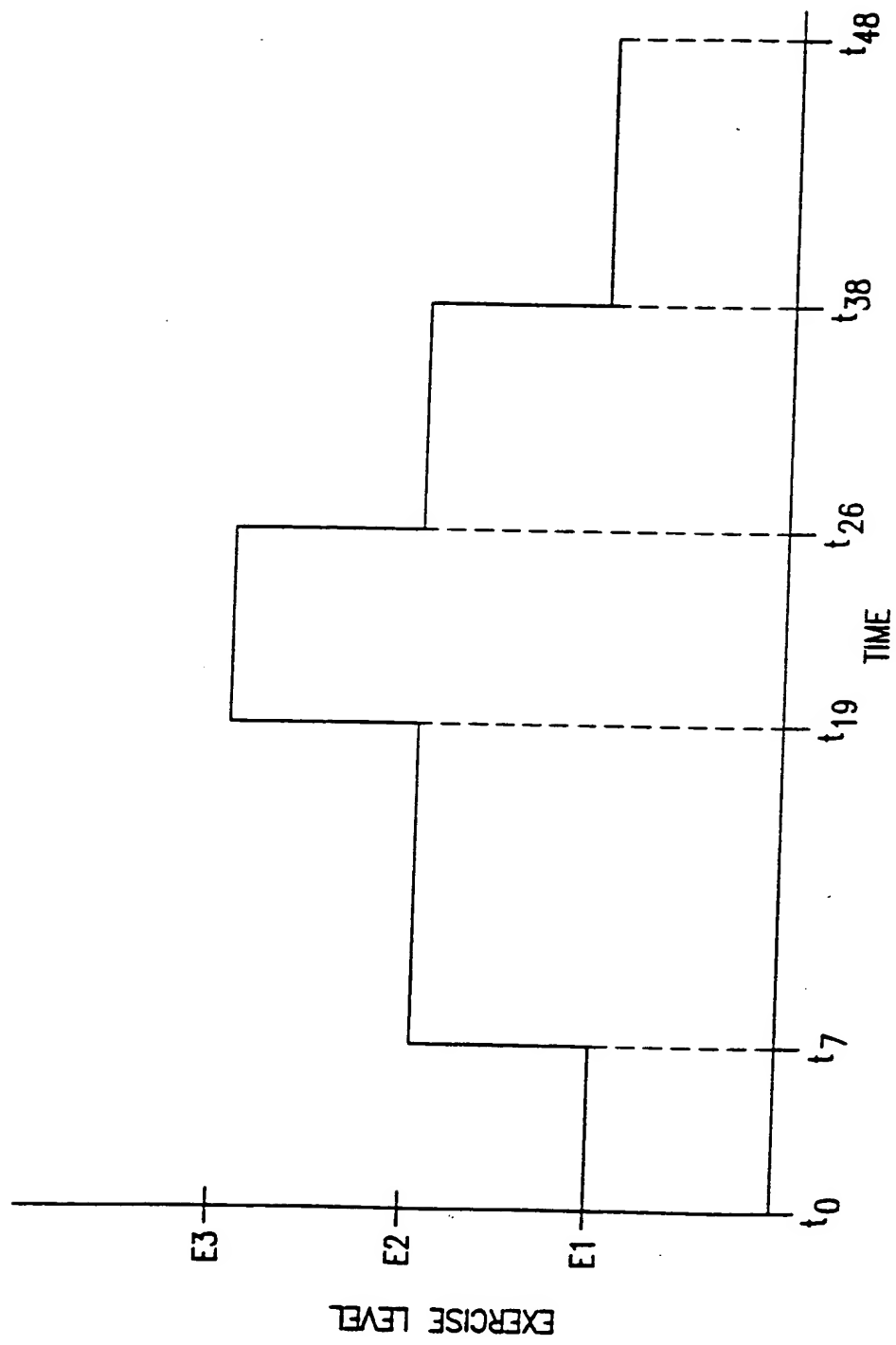


FIG. 6

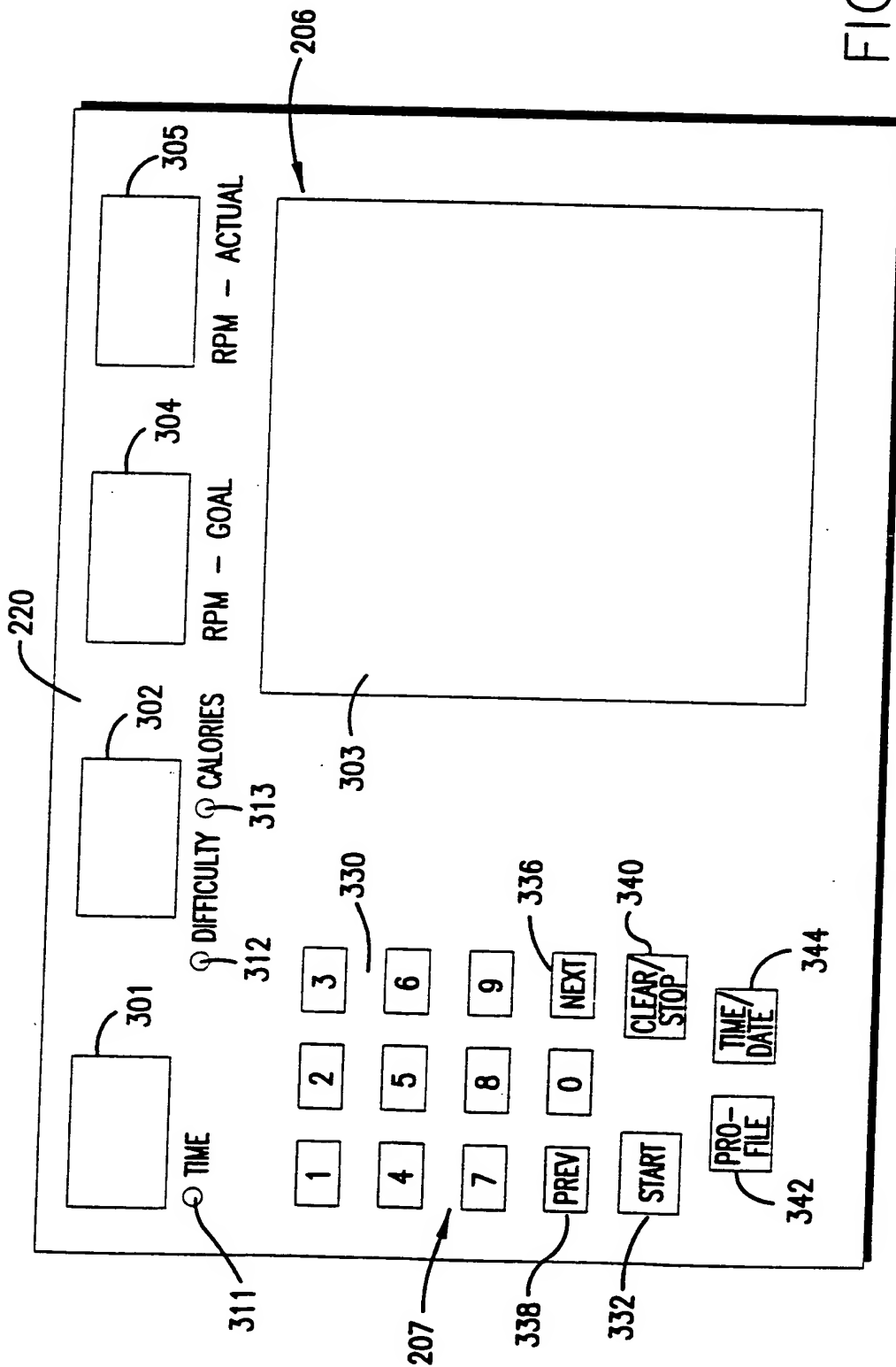


FIG. 7

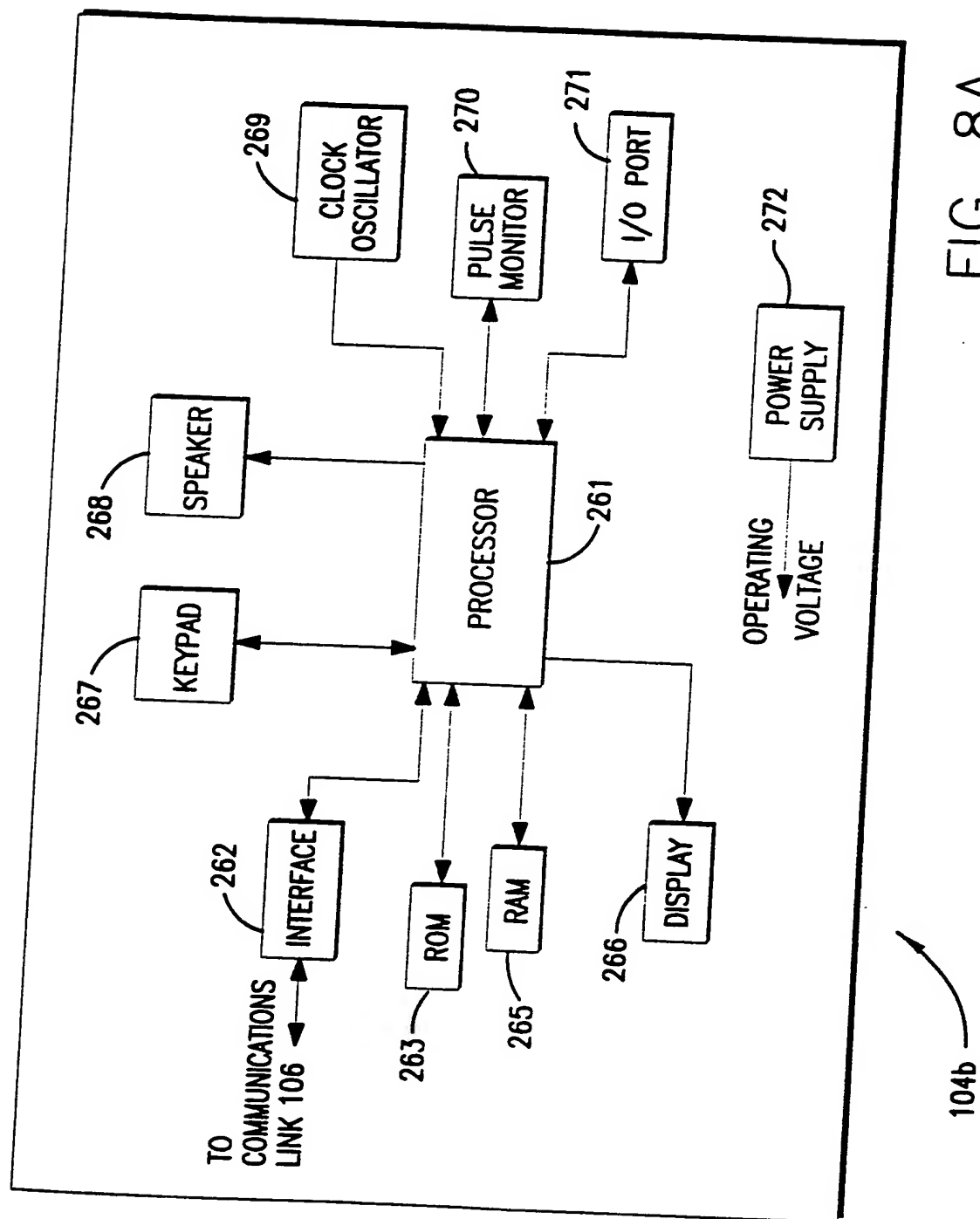


FIG. 8A

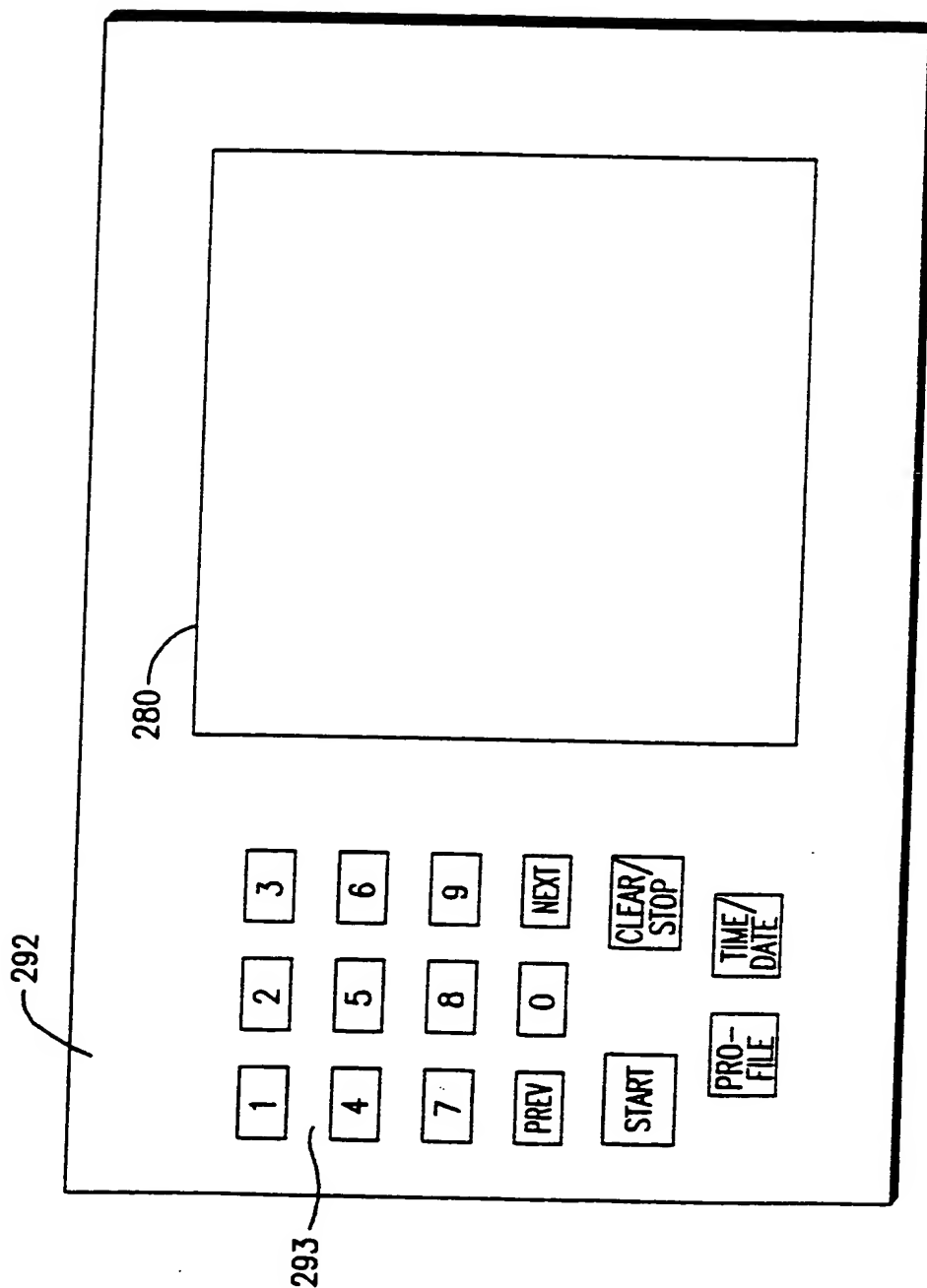


FIG. 8B

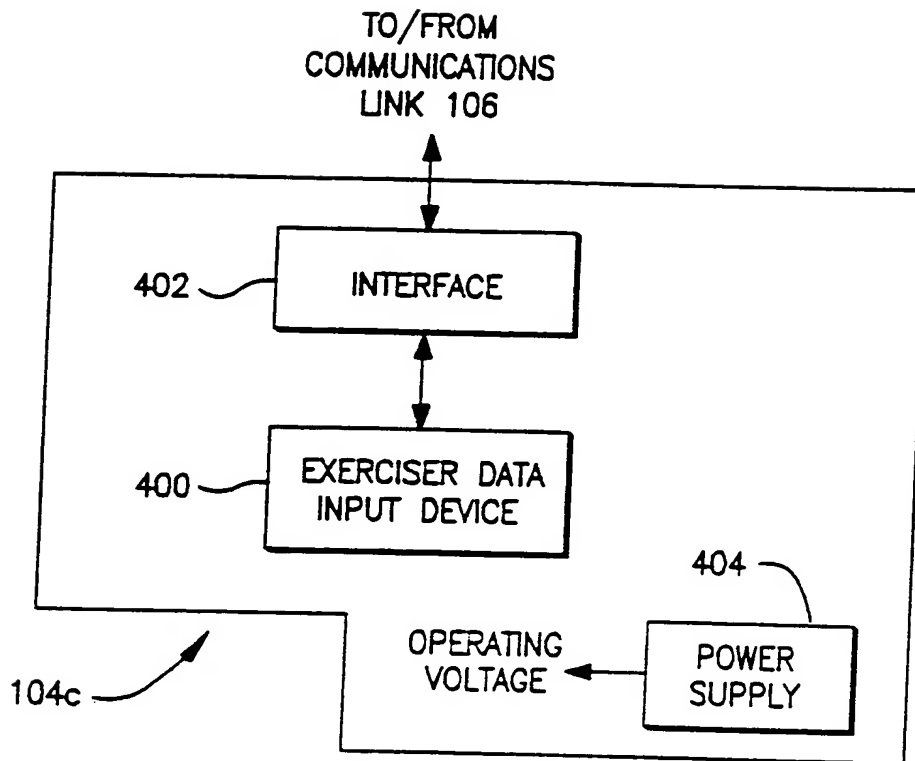


FIG. 9

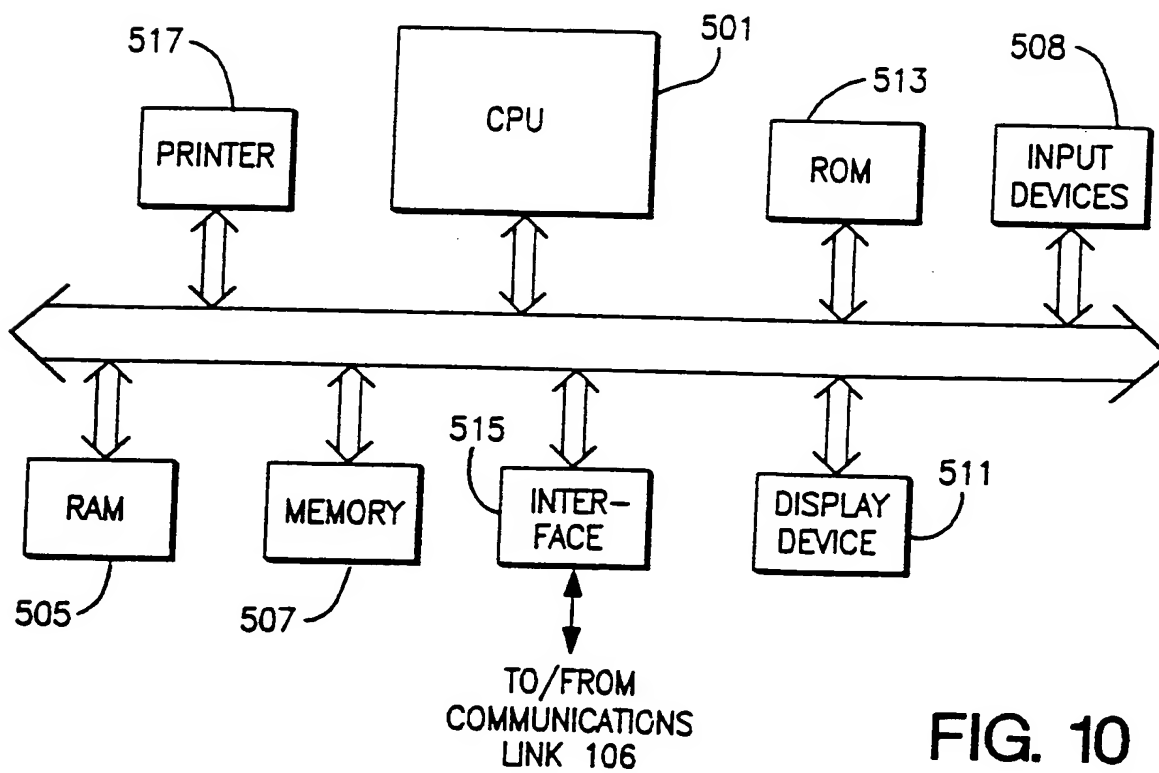


FIG. 10

EXERCISE IDENTIFIER
NAME
POSTAL ADDRESS
TELEPHONE NUMBERS(S)
E-MAIL ADDRESS
MESSAGES
PROFILE DATA
FUTURE EXERCISE DATA
PREVIOUS EXERCISE DATA

FIG. 11A

EXERCISE TERMINAL IDENTIFIER
EXERCISE TERMINAL TYPE DATA
PURCHASE DATA
USE DATA
LOCATION DATA
MAINTENANCE DATA
MANUFACTURER DATA

FIG. 11B

EXERCISE IDENTIFIER
EXERCISE TYPE IDENTIFIER
EXERCISE DESCRIPTION
PROFILE DATA
PARAMETERS

FIG. 11C

EXERCISE IDENTIFIER
EXERCISE TERMINAL TYPE IDENTIFIER

FIG. 11D

	STRETCHING	STATIONARY BICYCLE	STEPPER
SEQ. NO.	1-1	1-2	1-3
EXERCISE ID	01	02	03
TERM. TYPE ID	01	02	07
PARAMETERS	5:00 min.	12:00 min.	8:00 min.
		Level 8	Level 9

FIG. 12

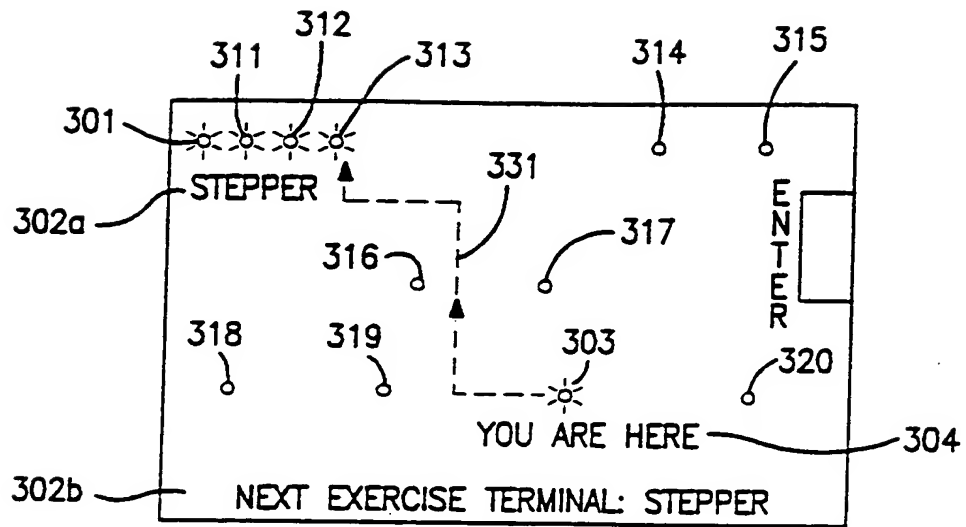


FIG. 13A

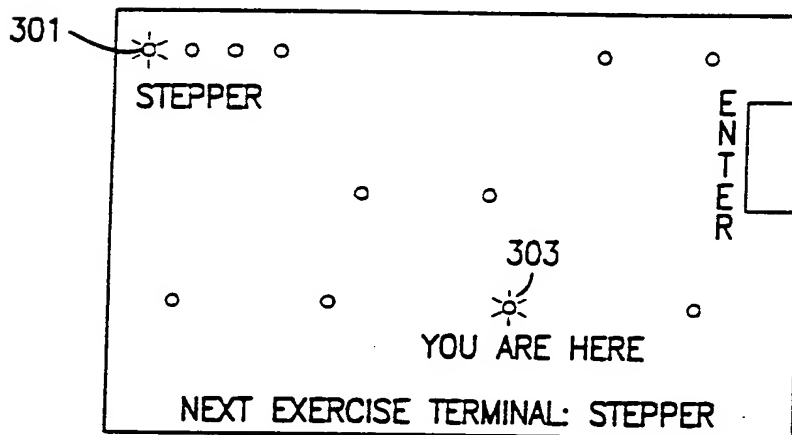


FIG. 13B

FIG. 16

EXERCISER ID 1	EXERCISE DATA	EXERCISE ID PARAMETERS NEXT EXERCISE
EXERCISER ID 2	EXERCISE DATA	
⋮	⋮	

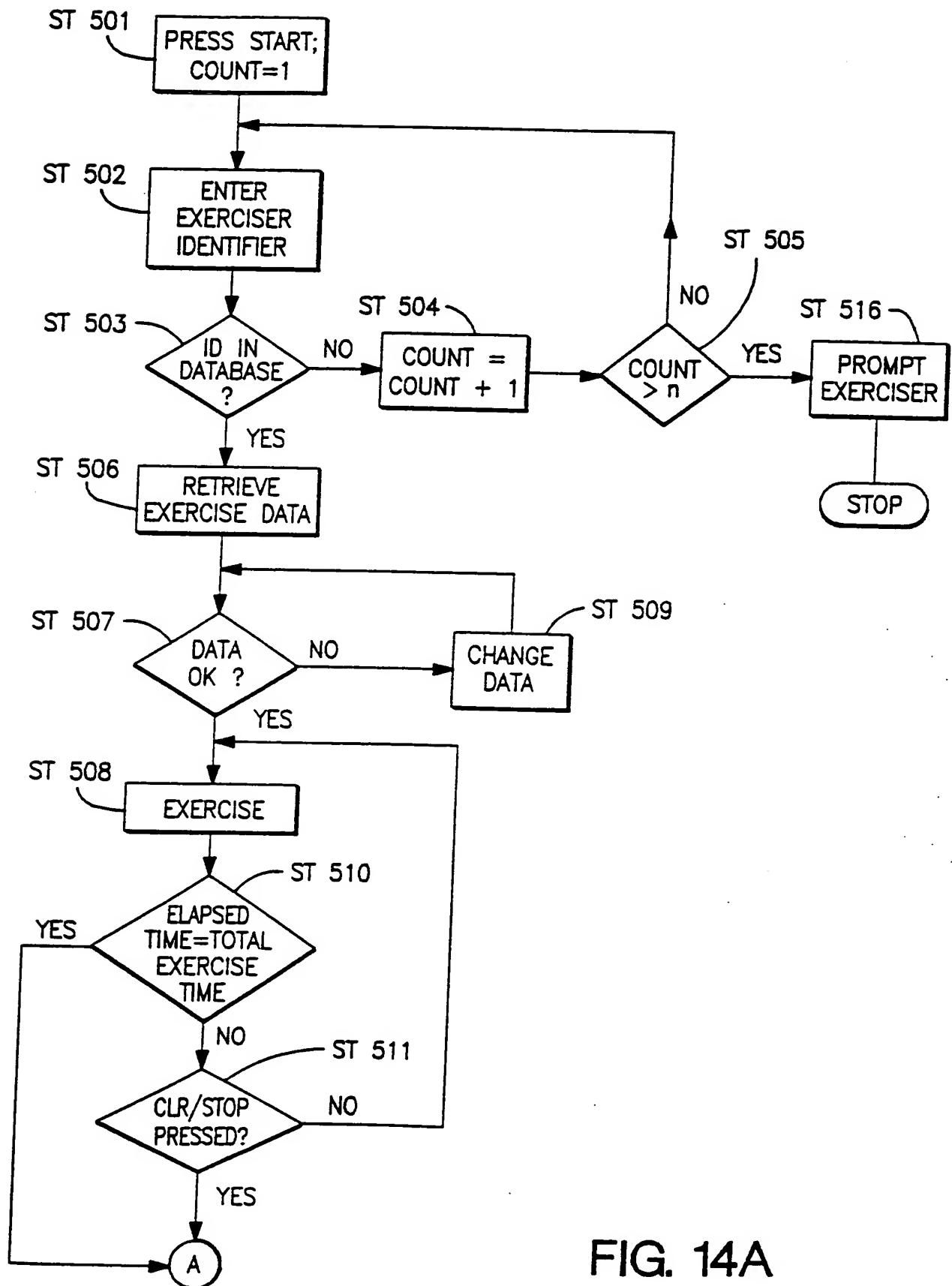


FIG. 14A

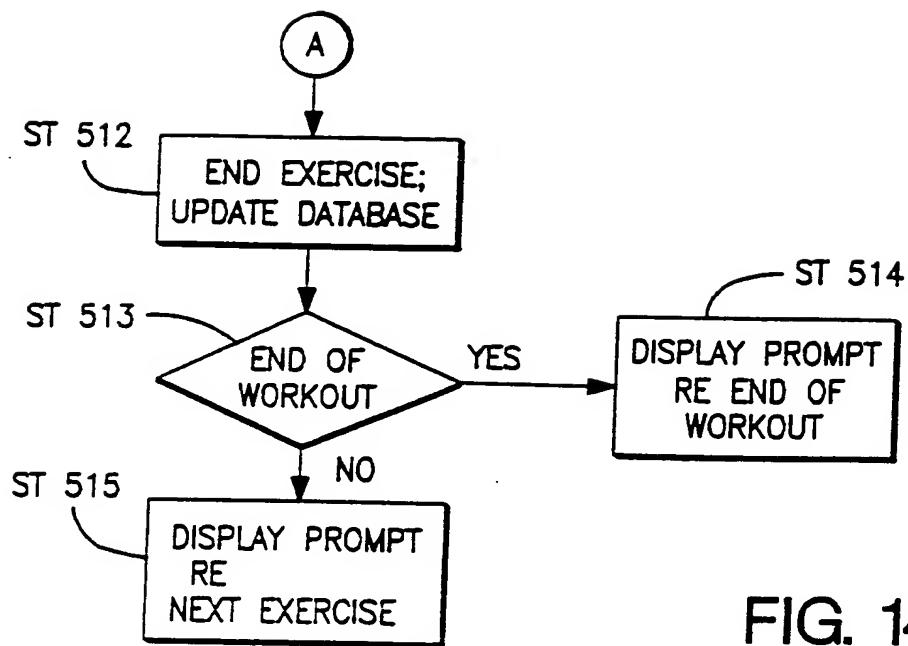


FIG. 14B

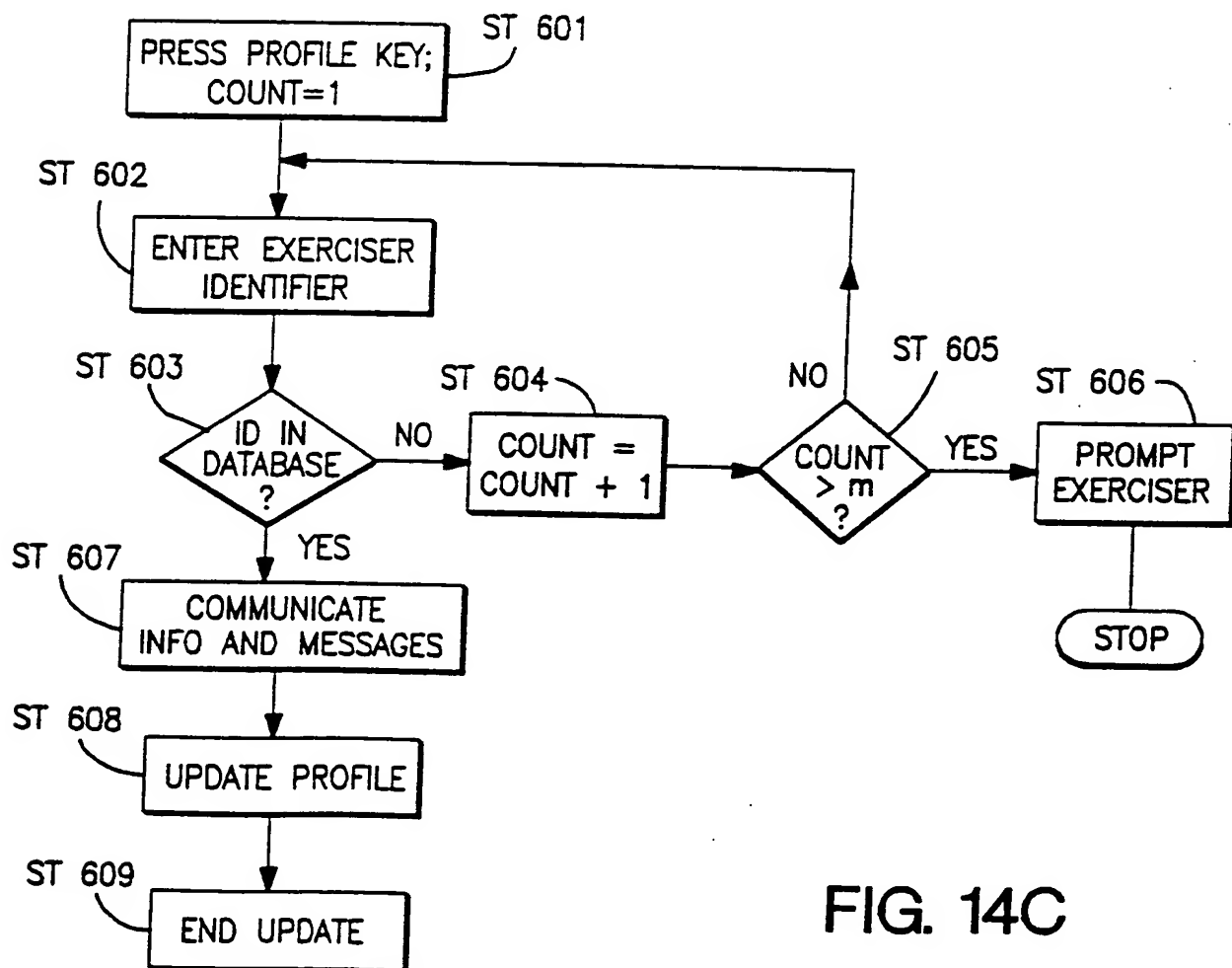


FIG. 14C

